

केन्द्रीय माध्यमिक शिक्षा बोर्ड CENTRAL BOARD OF SECONDARY EDUCATION

CBSE/M&PR/NCB/2024/ Date: 04 June 2024

All the Heads of Schools Affiliated to CBSE

Subject: Awareness Campaign through E-Pledge titled "Say Yes to Life, No to Drugs"

Dear Principals,

The Narcotics Control Bureau (NCB), under the Ministry of Home Affairs, is the Nodal Agency for all matters related to Drug Law Enforcement. The NCB is pivotal in spreading awareness about the ill effects of drugs and cultivating a collective commitment to making India drug-free, in coordination with various Ministries, Departments, and organizations.

The menace of substance use has become a critical problem in contemporary times, stealing the most productive and promising years from young minds. It is essential to foster a supportive environment in schools, families, and communities to eliminate the risks associated with substance use, thereby promoting a culture of overall well-being and development.

In collaboration with the NCB, CBSE is launching an Awareness Campaign to motivate everyone particularly the youth, to take an E-pledge against the menace of drugs. The E-pledge campaign titled "Say Yes to Life, No to Drugs" will be a commendable step towards ensuring a healthy and drug-free environment for our youth and our country.

Action Plan for Schools:

- I. E-Pledge Campaign: Launch the E-pledge campaign from 5 June 2024 to 26 June 2024.
 - E-Pledge Access: All students and staff members should take the e-pledge at https://pledge.mygov.in/fightagainstdrugabuse/ before 26 June 2024. Detailed step-wise instructions on `How to take Pledge' and generate and download the e-Certificate are provided in *Annexure-'A'*.
 - **Participation:** Schools should encourage participation from students, teachers, parents, and all related stakeholders.

II. Commemoration Activities:

- Encourage and implement activities and programs that empower students towards a healthy and happier life.
- Actively spread awareness against drug abuse to contribute towards a "DRUG-FREE INDIA". Display standees, banners, and e-cards related to awareness against substance abuse at prominent places in the school and websites.
- Conduct suitable activities and share audio-visual creatives related to the theme of the ill effects of drugs, commitment to eradicating drug abuse, and fostering a healthy and drug-free society.
- Organize advocacy and awareness-building activities such as Poster Making/Painting, Role Plays/Nukkad Natak for senior classes, and Essay Writing/Poetry/Jingles for middle school classes.

Contd.



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III. Campaign Report Submission:

Schools may upload a brief report on the campaign activities on the Google form link https://forms.gle/psEAjYzFZvXdCBhS6 by 27.06.2024.

We urge you to disseminate this information among all students, teachers, parents and other stakeholders and encourage them to take the E-pledge. Your proactive participation in this campaign is crucial for its success. Thank you for your cooperation and commitment.

Let us all come together to support this noble cause and eradicate the menace of drug abuse collectively.

Best wishes,

(Himanshu Gupta, IAS)
Secretary

Encls: Annexure- 'A'

Copy to the respective Heads of Schools, Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

- 1. The Deputy Director General (Awareness), Narcotics Control Bureau, RK Puram, New Delhi-110066
- 2. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
- 3. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
- 4. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
- 5. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
- 6. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odhisha-751005
- 7. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
- 8. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017 8.
- 9. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –7371019
- 10. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar -791111
- 11. The Director of Education, Govt. of A&N Islands, Port Blair 744101
- 12. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil Ladakh
- 13. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh 521456
- 14. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
- 15. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
- 16. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
- 17. DS to the Chairperson, CBSE
- 18. All the Directors/ Controller of Examinations/ CVO, CBSE
- 19. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions.
- 20. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
- 21. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
- 22. Joint Secretary (IT Unit) with the request to upload this letter on the CBSE Website.



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ANNEXURE - A

HOW TO TAKE PLEDGE (STEP)



TAKE PLEDGE

We realize that drug abuse is increasing in our country, especially among the youth and this is a matter of concern. We pledge that we will cooperate in stopping the drug abuse. We promise that we will not consume any harmful or illegal drugs in any way for any purpose.

We will create awareness about the ill effects of drug abuse by encouraging every person, especially the youth so that the youth of India can live drug-free and they can become creative and important members of the society. Today we pledge that we will stay away from drugs and live a healthy life.

